



## NOMINATION FORM

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### THE SOHEN GILL AWARD

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Candidates are selected from the **EXECUTIVE RANKS** of leagues, member associations and the BCLA. This individual is considered the one person who has done most for lacrosse in the past year...B.C.'s Mr. or Ms. Lacrosse.

CANDIDATE'S NAME \_\_\_\_\_

ORGANIZATION \_\_\_\_\_

NOMINATED BY \_\_\_\_\_

#### **ACHIEVEMENTS**

These basically include achievements during this past year, but previous achievements may also be listed.

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*Please use more sheets of paper if necessary.*

**Please return this form via Email to:  
Merit Awards**

E-mail: [debheard@bclacrosse.com](mailto:debheard@bclacrosse.com)

#101 – 7382 Winston Street  
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Phone: 604-421-9755

**NO LATER THAN FRIDAY, September 26, 2025 – 4:00 PM.**